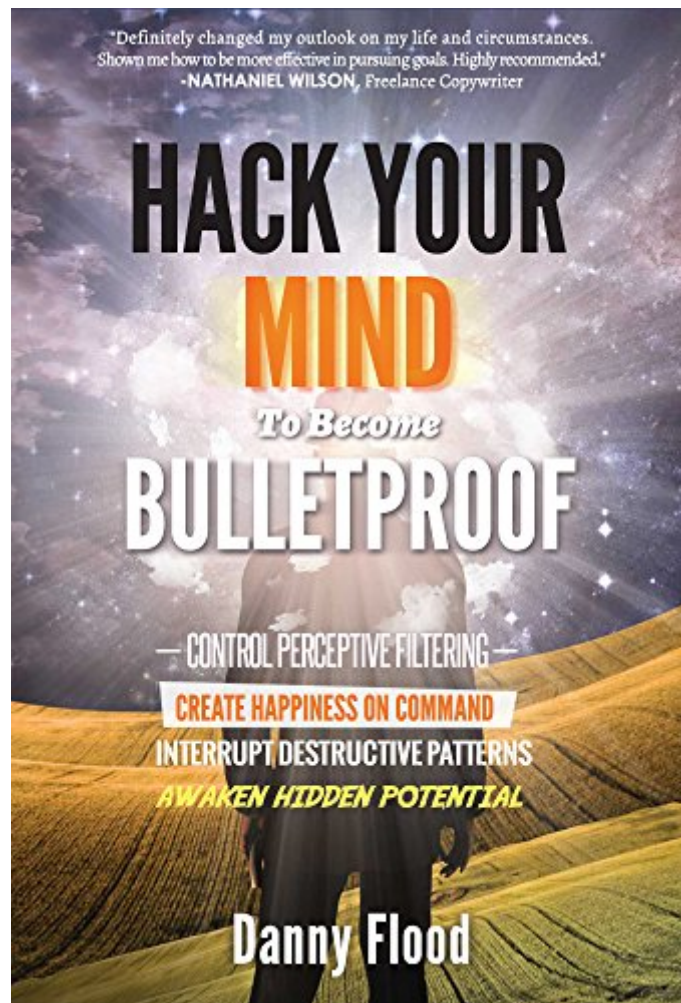


The book was found

Hack Your Mind To Become Bulletproof: How To Control Perceptive Filtering, Create Happiness On Command, Interrupt Destructive Patterns, Unlock The Power ... To Create A New Future Series Book 1)





Synopsis

Thoughts are Things Everything that we create in our lives, in our relationships, and in business is a product of our minds. Everything made by man in the physical world first formed as a thought, the thought was acted upon, and the physical result followed. This short book is a collection of the best tried-and-true techniques that successful people use to create a mind attuned to top-achievement. I've used these techniques on a near daily practice for the last several years - Develop courage and confidence- Cultivate the power of optimism- Control the events in your life, instead of letting them control you.

Book Information

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Customer Reviews

Good reminders when you forget to manage your thoughts. Not unique but short,easy to digest and clear. Worth having handy.

I came across this book because I had read a book by the author and enjoyed it quite a bit. This book has some good info but I found it a little lacking in specific strategies and would have liked more info.

This is a great little book with very easy to do mental exercises. I think the simpler the exercise the more effective.

Dannyâ€™s guide has definitely changed my outlook on my life and circumstances. As entrepreneurs, we are dependent on ourselves (and our teams) to become successful at what we do. As a result, keeping a positive, healthy mindset is critical. This guide can help anyone to view themselves differently. I found the section about positive perception filtering the most helpful. Also, this guide has shown me how to be more effective in pursuing goals. Highly recommended.

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